



Motivational Interviewing

3 hour – Continuing Music Therapy Education Course

University of Missouri-Kansas City

Grant Hall Rm. 333

Saturday, January 20, 2018

Course Description:

This course will introduce Motivational Interviewing, a counseling style that was developed by William R. Miller and Stephen Rollnick. This course will introduce participants to this goal-oriented, client-centered style that helps to illicit behavior changes by helping the client to explore and overcome ambivalence. Participants will discuss ways to incorporate this technique into music therapy interventions.

Learning Objectives:

1. Participants will identify and define two principles of Motivational Interviewing (I.B.8)
2. Participants will demonstrate one way to use communication techniques using Motivational Interviewing (II.A.3.a.b)
3. Participants will identify two techniques to utilize Motivational Interviewing with resistant clients (IV.A.3)

Course Prerequisite:

Current MT-BC Status;
Students will not receive CMTE credits.

Course Fees:

KCMMT Members - \$45
Non-Members - \$85
Student Members – FREE!
Student Non-Member - \$20

Become a member to receive discounted rate!

Presenter Qualifications: Vickie is a Licensed Master Social Worker employed by Cornerstones of Care as a Training Specialist. Vickie specializes in child welfare, substance abuse, curricula development, parenting education, and Motivational Interviewing. Vickie's training focuses on engaging clients utilizing the Motivational Interviewing principles and techniques. Vickie is also one of the lead consultants in Secondary Traumatic Stress and spends time traveling throughout Missouri consulting with professions about the risks and signs of Secondary Traumatic Stress and how to build resiliency to combat Secondary Traumatic Stress.

Register online @ <http://www.kcmmt.org> | Deadline Friday, January 19th 8:00pm

Course Schedule:

9:45: Check In
10:00 – 10:50 – Course Material
10:50 – 11:00 – 10 min break
11:00 – 11:50 – Course Material
11:50 – 12:00 – 10 min break
12:00 – 12:50 - Course Material
12:50 – 1:00 – Course Evaluations

Cancellation & Refunds:

This course may be cancelled due to inclement weather or presenter illness. In the event the course is cancelled, pre-registered participants will be notified and the course will be rescheduled. Refunds will be issued if the rescheduled date is unavailable to the participant. KCMMT reserves the right to grant refunds on a case by case basis.

CBMT Relationship:

Motivational Interviewing is approved by the Certification Board for Music Therapists (CBMT) for 3 Continuing Music Therapy Education credits. Kansas City Metro Music Therapists, Approved Provider #P-096, maintains responsibility for program quality and adherence to CBMT policies and criteria.